



Books for Caregivers

The 36-hour day: a family guide to caring for people who have Alzheimer disease, related dementias, and memory loss by Nancy Mace

Chicken soup for the soul: living with Alzheimer's & other dementias: 101 stories of caregiving, coping, and compassion by Amy Newmark

Creating moments of joy along the Alzheimer's Journey: A guide for families and caregivers by Jolene Backley

What's happening to Grandpa? by Maria Shriver (A picture book for ages 5-8.)

Keeping love alive as memory fades: the 5 love languages and the Alzheimer's journey by Deborah Barr

Loving someone who has dementia: how to find hope while coping with stress and grief by Pauline Boss

Still Alice by Lisa Genova (Fiction)

Ten thousand joys & ten thousand sorrows: a couple's journey through Alzheimer's by Olivia Hoblitzelle

The validation breakthrough: Simple Techniques for Communicating with People with 'Alzheimer's-Type Dementia' by Naomi Feil